

*Genesis Health Clubs - Tri-State
555 Tennis Lane
Evansville, IN 47715*



*(812) 479-3111
genesishealthclubs.com
Pilates Reformer*

PILATES REFORMER STUDIO

30-minute orientation is complimentary for all members!

Questions? Contact brooke.appel@tristateathleticclub.com

Rev. 03/01/24

GROUP REFORMER SESSIONS (complimentary with your gold membership)

Monday

9:30am with Niki Traylor

Tuesday

9am with Brooke Appel

Tuesday

5:30pm with Cutee Neff

Thursday

9am with Brooke Appel

Thursday

5:30pm with Brooke Appel

Friday

9:30am with Cutee Neff

Saturday

9am with Cutee Neff

Private Session: 30 Minutes

1 person - \$30

2 people - \$43 (\$21.50 per person)

3 people - \$53 (\$17.67 per person)

4 people - \$63 (\$15.75 per person)

5 people - \$73 (\$14.60 per person)

6 people - \$83 (\$13.83)

Private Session: 60 Minutes

1 person - \$55

2 people - \$68 (\$34 per person)

3 people - \$78 (\$26 per person)

4 people - \$88 (\$22 per person)

5 people - \$98 (\$19.60 per person)

6 people - \$108 (\$18 per person)

Class Options:

Orientation: Our complimentary introduction to the Reformer Studio. You will learn the basics of how to use the equipment that will get you set up and ready to practice Pilates.

Group Reformer: You will find these classes listed on our schedule and app. Come prepared to get a full body workout, while strengthening your practice and lengthening your muscles. These classes are complimentary for all Gold level club members.

6 Pack: This is our introductory package for those interested in private sessions with one of our qualified instructors. The 6 Pack includes 6 sessions of 30 minutes private instruction. That's a savings of more than \$80.

Private Sessions: A private session is available to any club member who wants to truly focus in on the very best workout for them as individual. This time offers you the opportunity to zero in on your greatest areas of interest or concern, and are available in 30 minute and 60-minute sessions.

Semi-Private Session: If what you are looking for time to work on advancing your reformer with your favorite training partners, our semi-private sessions can hold up to 6 people at a time. These sessions are also available in 30- and 60-minutes slots, and the more friends you bring the lower the cost for each of you.

